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# Decision Making

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# What is the decision making?

- It's the process of examining you possibilities options, comparing them, and choosing a course of action.



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# What is a **bad** and **good** decision?

## **Bad Decision**

- Lead to negative outcomes

## **Good Decision**

- Leads to positive outcomes
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# Common types of decisions

- Rational
  - Intuitive
  - Dependant
  - Avoidant
  - Spontaneous
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# Process of making a decision

## 1. Identify the problem

- You must first decide what issue or question has to be answered in order to make a choice. Make sure your choice is clear.

## 2. Gathering relevant information

- After you've decided what to do, it's time to get the info you need to make that decision.
  - Make an internal evaluation



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# Process of making a decision

3. Determine other options
  - Identify possible solutions to your problem
4. Consider the evidence
  - Look into the options and weigh them



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# Process of making a decision

## 5. Choose among the options

- After you've considered all the information, decide which option is best for you.
- This is where you truly make the decision in the decision-making process.

## 6. Take action

- You've decided; now go ahead and do it. Create a plan to help you make your decision real and possible.
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# Process of making a decision

7. Review your decision and understand the consequences
  - As most know that every decision you make will may positive and a negative
  - Review if your solved the problem that you started with





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# Sources

- [Decision-Making | Psychology Today](#)
  - [\(1\) New Messages! \(lucidchart.com\)](#)
  - [Types of Decision Making \(and How to Make Better Choices\) | Bloomsoup](#)
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